

Difficult. Uncomfortable. Necessary for Change.

9/14/2019

Who are you and how do you assert yourself in your profession?

Where are your strengths?

Are you sharing them?

Are you telling others about them?

Are you sitting only in your strengths?

Where are your weaknesses?

Are you sharing them?

Are you telling others about them?

Are you working on making them strengths?

Are you surrounding yourself with colleagues that value you?

How can you make your circle more supportive of your career goals?

Why do you offer discounted treatment?

Why don't you value your education, time and experience?

Why do you feel guilty to charge what you are worth, or to ask for payment for your time?

Do you feel like you are struggling financially?

Are you part of the problem?

Why do you allow others to use you as a marketing tool?

Why don't you require payment for your time and effort?

Do you even recognize that this may be happening?

Do you rely on another healthcare practitioner to tell you what to do?

Why are you not confident enough in your skills to do this?

Why are you not searching out ways to get better?

Do you work with another practitioner that "directs" your care? What to do in sessions, how often to re-book, what tools to use, etc?

Do you allow this to happen? Why? Why not?

Why do people keep complaining of the same problems?

Why don't they ever get better?

What responsibility do you have in this?

Are you doing enough to stay current?

If not, why? If you are, how?

Why are you staying in your current situation if you are not happy?

What prevents you from leaving, making a change?

What is your worth? What are you worth?

What is missing?

What needs to change?

How can your circle of supportive colleagues help?

How can I help?